

## **Antigua Medical Scholar**

In 2014, Dr. José Humphreys achieved a postgraduate diploma in Internal Medicine jointly offered by the University of Edinburgh (UoE), College of Medicine and the Royal College of Physicians of Edinburgh (RCPE). During the first year of the programme, Dr. Humphreys earned the respect and admiration of colleagues and faculty and copped the RCPE Scholarship Award for two consecutive years. However, this stellar achievement did not quell the passion for learning that this young doctor has.



This year we join in celebrating with Antigua's very own and congratulate him on his latest achievement. Dr. José Humphreys has joined the list of alumni of the University of Edinburgh when he attained a Master of Science degree in Internal Medicine. It was no easy feat as the programme was quite intense and in-depth.

Dr. Humphreys' research focused on the efficacy of SGLT-2 (Sodium Glucose Transporter 2) Inhibitors in the management of Diabetes Mellitus Type 2. The in-depth clinical curriculum complements the syllabus for MRCP (UK) which tests the acquisition of medical knowledge, skills and behavior as specified in the UK Specialty Training Curriculum for Core Medical Training.

The doctor will be attending the graduation ceremony on November 29, 2016 in Edinburgh followed by a special banquet for all cohorts sponsored by the RCPE. Dr. Humphreys is the first Caribbean National and by extension Antiguan to graduate from this programme.

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The doctor wishes to thank a number of persons for their contribution to his success: Eutha Meade, Orenca Lawrence, Dr. Randall McArthur,

Bishops Derrick Benta and Royston Jeffrey, Nurse Genie Jeffrey, Nurse Joyan Quinn, Dr. Eumel Samuel, Patrick Lake, Dr. Glenville Liburd, Connie Wilkins, Novelle Nathan-Williams, Dr. Gilberta St. Rose, Dr. Alphonso Simon, Mrs. Winifred Peters-Roberts, Nicole Jeffers, Dr. David Dorsett, Marcelle Watts, the late Ricky McFarland, Dr. Colin Wilkinson, Sir Gerald Watt, Dr. Patrick Matthew, Linell Lovell, Desiree George, Vernon Challenger, Myles Codrington, Samantha May, Linley Winter, Rhonis Richardson, Ileta Christian, Cortinella Morris, the management and staff at Biohealth Lab, and countless others.

He expressed special thanks to his RCPE supervisor Dr. Karen-Ann Adamson, the staff and faculty at the University of Edinburgh and his former classmates Drs. Leo Masamba, Taha Bilal Taha, Charles Langoya and Bhargava Yelamanchili. His passion he said is family, particularly his children Tiliyah and Jayleen Humphreys; coupled with an incalculable passion for helping others.

The University of Edinburgh was founded in 1583 and according to QS World University Rankings, ranked 17th in the world 2013/14, 6th in Europe, 5th in the United Kingdom and 1st in Scotland. As one of the leading universities in the world; it ranks in the class of universities such as the University of London, Yale University, Harvard, University of Cambridge and Oxford.

The Royal College of Physicians of Edinburgh is responsible for overseeing standard for postgraduate specialty training in the UK. It is regarded internationally as the standard for clinical excellence.

We congratulate Dr. José Humphreys for his continued success in his pursuit of further education and in continuing to lead as one of Antigua's most notable medical scholars.